

# 3 easy ways to talk to a doctor

COASEHP provides telemedicine to medical enrolled employees and their covered dependents for FREE. Add them to your profile, today!

COASEHP

## 1 Mobile App

1. Download the First Stop Health mobile app
2. Tap 'Find My Account' and set up your account using your Excellus ID as your "Employee ID"



## 2 Website

1. Go to fshealth.com
2. Click 'Log In' in the upper right, then 'Find My Account'
3. Set up your account using your Excellus ID as your "Employee ID"

## 3 Phone Call

1. Call 888-691-7867

